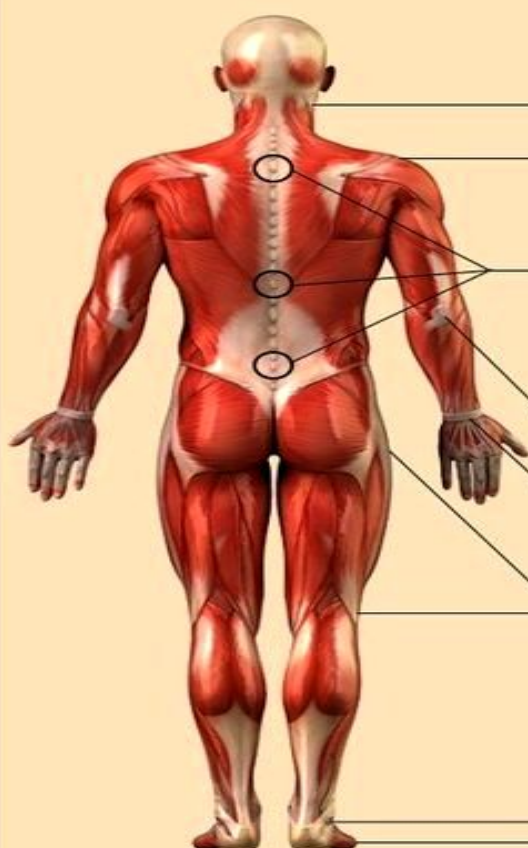


EMOTIONAL PAIN CHART

Mental Thought Patterns That Result In Pain



PAIN AREAS AND PROBABLE CAUSES

NECK : Refusing to see the other side of the question, stubbornness, and inflexibility.

SHOULDERS : Represent our ability to carry our experiences in our life joyously. We make life a burden by our negative attitude.

SPINE : Life Support System

UPPER: Lack of emotional support, feeling unloved, holding back love.

MIDDLE: Guilt, stuck in the past, or the feeling of "get off my back".

LOWER: Fear of money, or lack of financial support.

ELBOWS : Represents changing directions & accepting new experiences.

WRISTS : Represents movement & ease.

HIPS : Fear of going forward when it comes to taking a major decision, or a stagnant life, with nothing to look forward to.

KNEES : Stubborn pride, ego and the inability to bend. Fear, inflexibility and wont give in.

ANKLES : Inflexibility and guilt. Ankles represent the ability to receive pleasure.

BUNIONS : Lack of joy in meeting experiences in life.

OTHER CONNECTIONS

ARTHRITIS : Feeling unloved, criticism, resentment.

FRACTURES : Rebelling against authority.

BURSITIS : Repressed anger

INFLAMMATION : Fear, seeing red, inflamed thinking.

JOINT PAIN : Representing changes in direction in life, & the ease of these movements.

LOSS OF BALANCE : Not centered, scattered thinking.

SCIATICA : Being hypocritical, fear of money and the future.

SLIPPED DISC : Indecisive, and feeling totally unsupported by life.

SPRAINS : Not wanting to move in a certain direction in life. Anger, & resistance.

STIFFNESS : Rigid and stiff thinking.

WEAKNESS : A need for mental rest.

