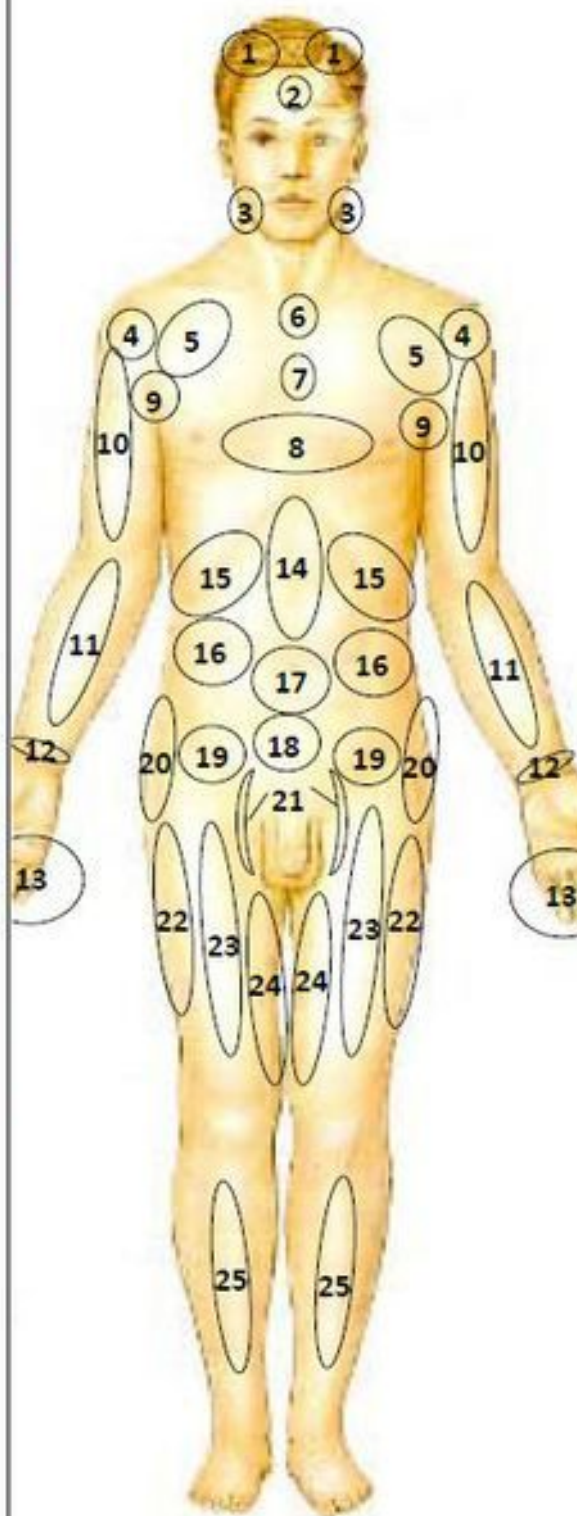


Right Side

- 1 Busy mind focused on thoughts
- 2 Opening to all perceptions
- 3 Judgements held rigidly
- 4 Defensive when given advice
- 5 Wanting or undeserving of nurture by Dad/men
- 6 Holding self back/can't express your love
- 7 Hopelessness
- 8 Heart shielded from Love/Love is painful
- 9 Pick people who can't nurture
- 10 Controlling others
- 11 Over extending with thoughts/concerns
- 12 Early childhood trauma with males
- 13 Holding on to the past
- 14 Letting go of control
- 15 Anxiety
- 16 Suppressed rage
- 17 Can't process negative
- 18 Detached/undigested emotions/ shutting down
- 19 Ideas about being a man/woman
- 20 Envy and feelings of violation
- 21 Pleasure is sinful /Sexual Trauma
- 22 Impatience
- 23 Fear of going forward with new ideas
- 24 Fear of intimacy
- 25 Fear of stepping into your path of power



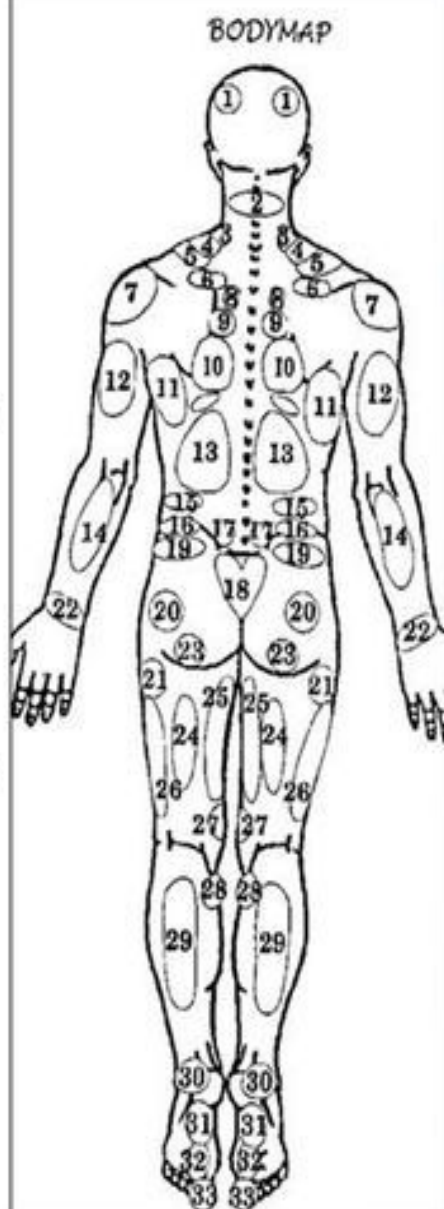
Left Side

- 1 Busy mind focused on feelings
- 2 Opening to all perceptions
- 3 Denial of self
- 4 Undeserving, not acknowledged
- 5 Wanting or undeserving of nurture by mom/women
- 6 Holding self back/can't express your love
- 7 Hopelessness
- 8 Heart shielded from Love/Love is painful
- 9 Betrayed by love or life
- 10 Fear of receiving from others
- 11 Overextending emotionally
- 12 Early childhood trauma with females
- 13 Holding on to the past
- 14 Letting go of control
- 15 Anxiety
- 16 Sadness & bitterness
- 17 Can't process negative
- 18 Detached/undigested emotions/ shutting down
- 19 Feelings about being a man/woman
- 20 Resentment and painful relationships
- 21 Pubic bone -Pleasure is sinful /sexual trauma
- 22 Frustration
- 23 Fear of going forward with feelings
- 24 Vulnerability
- 25 Fear of others not accepting your power

LEFT SIDE

1. Negative thoughts about self
2. Separation from higher self.
- 3-5. Blame self, blamed by others, blaming others
6. Responding to blame
7. Controlled by others / pleasing others
8. Passive aggressive / judgemental towards self
9. Heart break
10. Everyone's a victim
11. Shame
12. Defenceless, helpless, fear of receiving
13. Want to be someone else
14. Overextending to prove good enough
15. Self-sabotage
16. Pissed off at self
17. I don't deserve to be happy
18. I'm not worthy of connecting to my Higher Self
19. Jealousy & envy
20. Anger at women, mother
21. Sadness & disappointment
22. Childhood trauma with women
23. Deep seated inner rage
24. Taking life too seriously
25. Vulnerability
26. Frustration
27. Fear of being persecuted for being who you are
28. Not liked by females
29. Women don't support you
30. Rigid
31. Think power is from controlling
32. Heart closed to love
33. Bitterness

BACK OF BODY



RIGHT SIDE

1. Negative thoughts about others
2. Separation from higher self.
- 3-5. Self guilt, made to feel guilty, see others as guilty
6. Responsible for everything that happens
7. Controlling others and self
8. Passive aggressive/ judgemental towards others
9. Fear the abuse of love
10. Fear of doing
11. Not good enough
12. Life is a struggle
13. Worry about everything
14. Overextending to prove you're good enough
15. Not enough abundance
16. Pissed off at Life
17. Can't be myself, must please others
18. I'm not worthy of connecting to my Higher Self
19. Resentment and vengeance
20. Anger at men
21. Compulsions and co-dependency
22. Childhood trauma with father
23. Deep seated outward rage
24. Powerless
25. Fear of intimacy
26. Impatience, not enough time to do it all
27. Fear of being persecuted by others
28. Not liked by men
29. Men don't support you
30. Rigidly holding on to old ideas
31. Think power comes from controlling things
32. Lost sweetness and joy of life
33. Bitterness